



## **1st Option HealthCare, LLC**



### **Our Clients' Health and Safety Always Come First**

Providing top-caliber, affordable, and personalized homecare services that enable our clients to remain safely in the comfort of their own home.

Do you want to stay at home as you receive the nursing care or personal assistance that you need? If you do not want to transfer to a nursing home or some other care facility, you can rely on 1st Option HealthCare, LLC to provide the homecare services that you need so that you can continue living safely and independently in your own residence.



### **Mission Statement**

Our mission at 1st Option HealthCare, LLC is to provide our clients with the opportunity to remain in the comforts of their own home, while still being able to receive the nursing assistance and personal care support that they need. We endeavor to provide patient-centered, budget-friendly, and high-quality home care services that can improve the quality of life of every client that we have.

## Services

At 1st Option HealthCare, LLC, we work hard every day to be better at delivering our services. We always put the welfare, health, and safety of our clients first, and we constantly strive to provide the highest quality of homecare services possible.

Delivered by competent, trained, and knowledgeable nurses and caregivers, we provide the following services:

- Live-in 24 Hours Services
- Personal Hygiene care -  
Bathing, Dressing, and Grooming
- Incontinence Care
- Medication Reminders
- Vital Signs Monitoring
- Range of Motion Exercises
- Meal Preparation
- Diet Monitoring
- Home Safety Supervision
- Housekeeping and Laundry
- Errands and Shopping
- Walking and Mobility
- Transportation to Appointments
- Entertainment
- Cheerful Companionship
- Respite for Family Caregivers

Contact us today!



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